



# ST. BARNABAS NEWS

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**FOR IMMEDIATE RELEASE**

## **ST. BARNABAS MEDICAL CENTER HOSPICE OFFERS BEREAVEMENT GROUP**

*Sessions are free and open to the public*

VALENCIA, Pa. (Adams Twp.), May 14, 2015 – If you or someone you know has lost a loved one, assistance from a certified grief counselor is available at St. Barnabas to help guide you through the grieving process.

A monthly bereavement group is free and open to the public and is being offered at the Crystal Conservatories at St. Barnabas starting in June.

The “Mourning Glory Bereavement Group” will begin with sessions on June 9 at 7 p.m. and June 11 at 2 p.m. and will continue on the second Tuesday and Thursday of each month at the same times.

The free sessions are sponsored by St. Barnabas Medical Center Hospice and are offered to residents throughout the St. Barnabas Communities as well as the general public.

The sessions will be facilitated by Gary Goerk, a St. Barnabas Hospice Spiritual Care and Bereavement Coordinator and Certified Grief Counselor.

The sessions will include:

- Prayer and scripture
- Audio/visual materials
- Self-care activities
- Fellowship and sharing

Interested persons can register by calling the Hospice office at 724-444-5541.

**About St. Barnabas** – St. Barnabas Health System is a leader in health care and retirement living. In its 115th year, St. Barnabas is like no other – diverse and expansive – meeting the needs of young retirees through those who require hospice. St. Barnabas’ spectrum of care includes four retirement communities, four living assistance facilities, two skilled nursing homes, home care, and a community outpatient medical center. Last year, St. Barnabas provided more than \$6 million in free care to patients and residents in need. St. Barnabas Charities engages in innovative methods to raise money for its Free Care Fund such as the Kean Quest Talent Search, as well as proceeds from at Rudolph Auto Repair and Beautiful Buys. For more information visit [www.StBarnabasHealthSystem.com](http://www.StBarnabasHealthSystem.com).

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