



Hospitality

St. Barnabas in Beaver

WINTER 2019
COMMUNITY UPDATE
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Christmas Shopping Made Easy

It's beginning to look a lot like Christmas!

Take a look at the Tusca Plaza SHOP 'n SAVE. The store is glistening once again with candy canes and silver lanes that glow. As you walk down the lanes of the new store you will notice the all new full service supermarket with expanded dairy and frozen food cases that glisten, the new shelves stocked with Wild Harvest and Essential Everyday private label offerings. Fresh is always in season in the produce department. The bakery, prepared foods and deli departments, provide the freshest spread around for all your holiday entertaining needs! To enhance your shopping experience even more, the Tusca SHOP 'n SAVE will offer a wide selection of beer and wine.

Right here at home.

That's right, just in time for your Christmas shopping, residents of Brighton Township and the surrounding area will have a brand new full service supermarket right here at home. For your convenience you can shop 7:00 AM to 10:00 PM daily.

The Tusca Plaza SHOP 'n SAVE is owned and operated by St Barnabas. To ensure we bring you the best shopping experience, St. Barnabas hired long time seasoned

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ST. BARNABAS BEAVER MEADOWS

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Christmas Shopping [continued]

grocer, Phil Safran, owner of the Ambridge and Rochester SHOP 'n SAVE stores.

Download to start saving today!

Saving on your groceries just got easier when you download the SHOP 'n SAVE app from the Apple store or get it on Google Play. The app allows you to check Pump Perk balances, download coupons, view weekly ads, and create a shopping list, search for recipes and order groceries.



Save big on fuel.

If you are traveling for Christmas, don't forget to fill your gas tank using Pump Perks! Pump Perks will be accepted by the on-site SHOP 'n SAVE Express, complete with glistening BRAND NEW pumps for your convenience. ❄️

TUSCA PLAZA SHOP 'n SAVE

Shopping List:

chicken wing party platter
traditional sandwich ring
classic veggie tray
fruit & cheese tray
napkins
plastic cups
cookie tray
assorted crackers
chips

724-709-7364



Entertaining Just Right

Hosting a Christmas party can be stressful. Find everything you need at the new Tusca Plaza SHOP 'n SAVE. Discover how to create amazing presentations with our delicious party foods. Visit ShopsSaveFood.com to view the online Entertaining Guide. ❄️



Number of People	Deli Meals	Cheeses	Salads	Cookies or Bars
10	1.75 lb.	1 lb.	4 lb.	20
20	3.75 lb.	2 lb.	7.5 lb.	40
30	5.75 lb.	2.75 lb.	11.25 lb.	60
50	8.75 lb.	5 lb.	19 lb.	100

The Perfect Gift

Are you searching for the perfect gift for the senior in your life? The gifts listed below have been recommended by the caring staff of St. Barnabas. These gifts were chosen because they stimulate minds, relax bodies and help create joy.

- **Personal photo album/memory book**—great for reminiscing and a conversation starter, be sure to add names, dates and event titles to the pictures.
- **Weighted blanket**—aids in relaxation, calmness and improving sleep.
- **Puzzles and coloring books**—engages the mind, fosters creativity and provides relaxing enjoyment.
- **Calendar**—help your loved one remember appointments, birthdays and special events.
- **A visit or phone call**—to brighten your loved one's day.

Additional resources for caregivers and families of seniors can be found at StBarnabasHealthSystem.com/resource-center. ❁



Deck The Halls

The Tusca Plaza isn't the only place beginning to look a lot like Christmas! Just across Tuscarawas Road at St. Barnabas Beaver Meadows, residents and staff are decking the halls to create a winter wonderland and spread yuletide spirit.

We are grateful to the many area groups and individuals from the community who volunteer their time and talents to visit and brighten our residents' holidays.



The December calendar includes several afternoon and early evenings of caroling, sing alongs, and Christmas crafts.

Residents are also taking advantage of Manicure Mondays to get their nails painted. They have already scheduled visits to the on-site beauty salon so they are ready to celebrate the holidays in style!

Every resident will receive special gifts chosen specifically for them provided by the St. Barnabas Charities PRESENTS FOR PATIENTS® program. They will also enjoy an afternoon Christmas party with food, drinks and a visit from Santa himself!

The Sunday before Christmas, St. Barnabas Beaver Meadows will host a Christmas buffet. This buffet served in the dining room enables our residents to enjoy the Holiday with their families and will feature a traditional Christmas dinner menu. ❁

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Tune in to the Best of Beaver!

Best of Beaver is a thirty minute radio show hosted by Jim Roddey on Thursday mornings from 11:00-11:30.

The show is sponsored by St. Barnabas and features various business leaders and news-makers from around Beaver County.



Give a Gift That Will Touch Their Hearts

PRESENTS FOR PATIENTS® makes it easy to share the joy of Christmas! Remember loved ones, friends, veterans, and neighbors living in skilled nursing homes and assisted living facilities. To visit patients at Beaver Meadows or in one of the St. Barnabas facilities located in Allegheny, Butler and Beaver counties, please call 724-443-0011 or email Cheer@PresentsForPatients.com.



Purchase a Gift

Visit a Patient

Make a Donation

PresentsForPatients.com